

Methodological tool: SWOT self analysis

Number of methodological Tool	EUPANEXT_LO_171_M_002
Work Area Code and Title	22 PA as a manager
Unit Code and Title	5.8 Act as a manager
Learning Outcome Number and Title	LO171: Demonstrate the ability to achieve a goal by belief in self and own capabilities.
Objective of the methodological tool	After the completion of this activity, participants will be able to: <ol style="list-style-type: none"> 1. Use SWOT analysis to recognise your strengths and weaknesses 2. Demonstrate the ability to achieve goals by belief in self and own capabilities
Approximate Time needed for the completion of this exercise	30 min.
Individual or group exercise	<input checked="" type="checkbox"/> Individual <input type="checkbox"/> Group
Type of methodological tool	<input checked="" type="checkbox"/> Written exercise <input type="checkbox"/> Group exercise <input type="checkbox"/> Video analysis <input type="checkbox"/> Simulation <input type="checkbox"/> Multiple choice <input type="checkbox"/> Group exercise with cards <input type="checkbox"/> Exercise using ICT <input type="checkbox"/> Role play <input type="checkbox"/> Group discussion <input type="checkbox"/> Case study <input type="checkbox"/> Creative Group Work
Description of the exercise/Procedure	Create a template based on the ppt (slides 57-62) and perform a SWOT analysis of yourself
Exercise is accompanied by	-
Exercise solution	-
Other comments to the trainer	-

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