

Methodological tool: <Overcoming Resistance>

Number of methodological Tool	EUPANEXT_LO_168_M_001
Work Area Code and Title	21 INNOVATION AND CHANGE
Unit Code and Title	5.7 DEMONSTRATE OPENNESS TO CHANGE
Learning Outcome Number and Title	LO168: Demonstrate ability to implement change.
Objective of the methodological tool	After the completion of this activity, participants will be able to: <ol style="list-style-type: none"> 1. Facilitate the implementation of strategies for change. 2. Guide the Organization through the challenges of change.
Approximate Time needed for the completion of this exercise	20 min.
Individual or group exercise	<input checked="" type="checkbox"/> Individual <input type="checkbox"/> Group
Type of methodological tool	<input checked="" type="checkbox"/> Written exercise <input type="checkbox"/> Group exercise <input type="checkbox"/> Video analysis <input type="checkbox"/> Simulation <input type="checkbox"/> Multiple choice <input type="checkbox"/> Group exercise with cards <input type="checkbox"/> Exercise using ICT <input type="checkbox"/> Role play <input type="checkbox"/> Group discussion <input type="checkbox"/> Case study <input type="checkbox"/> Creative Group Work
Description of the exercise/Procedure	Worksheet for Overcoming Resistance. Use this tool to diagnose the cause of resistance, and plan how you might overcome it.
Exercise is accompanied by	EUPANEXT_LO_168_M_001_Att_1
Exercise solution	Attached
Other comments to the trainer	Provide any other necessary information to the trainer