

Methodological tool: Be assertive

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| Number of methodological Tool | EUPA_LO_160_M_001 |
| Work Area Code and Title | WA 16: Self-Management, Supervision, Management and Leadership |
| Unit Code and Title | 5.4: DEMONSTRATE LEADERSHIP SKILLS |
| Learning Outcome Number and Title | LO160 Demonstrate the ability to act and react assertively and sensitively. |
| Objective of the methodological tool | After the completion of this activity, participants will be able to: <ol style="list-style-type: none"> 1. Act and react assertively 2. Demonstrate the ability to act and react assertively and sensitively. |
| Approximate Time needed for the completion of this exercise | 40 min. |
| Individual or group exercise | <input checked="" type="checkbox"/> Group |
| Type of methodological tool | <input checked="" type="checkbox"/> Group exercise <input checked="" type="checkbox"/> Group discussion <input checked="" type="checkbox"/> Role play |
| Description of the exercise/Procedure | <p>Ask learners to implement a role play, using the following scenario:</p> <p>The colleague (role 1) asks another employee (role 2) to substitute him/her because he/she has to take some time off. The manager is not aware of that and employee no. 2 wants to say no.</p> <p>Do this role play in three pairs:</p> <ul style="list-style-type: none"> - The first pair will play with aggressive (role 1) vs. passive behaviour - The second aggressive vs. aggressive - The third aggressive vs. assertive <p>Then, discuss the differences and the best way to deal with such issues</p> |
| Exercise is accompanied by | - |
| Exercise solution | - |
| Other comments to the trainer | - |