

Methodological tool: Discussion

Number of methodological Tool	EUPA_LO_159_M_001
Work Area Code and Title	WA 16: Self-Management, Supervision, Management and
	Leadership
Unit Code and Title	5.4: DEMONSTRATE LEADERSHIP SKILLS
Learning Outcome Number and Title	LO159 Motivate own resources in order to achieve objectives.
Objective of the methodological tool	After the completion of this activity, participants will be able to: 1. Use motivation techniques in order to achieve team objectives 2. Value motivation of own resources for the achievement of objectives
Approximate Time needed for the completion of this exercise	40 min.
Individual or group exercise	Group
Type of methodological tool	☐ Group exercise ☐ Group discussion ☐ Creative group work
Description of the	Ask learners to write on post it papers, things that motivate them and
exercise/Procedure	things that discourage them in their workplace. Then, stick all the post its on the wall or a board, and discuss
Exercise is accompanied by	-
Exercise solution	-
Other comments to the trainer	-