

Methodological tool: Team building

Number of methodological Tool	EUPANEXT_LO_135_M_001
Work Area Code and Title	WA 16: Self-Management, Supervision, Management and
	Leadership
Unit Code and Title	4.18: Exercise self-management in predictable situations and
	supervise the routine work of others
Learning Outcome Number and	LO135: Develop own administration team taking into account the
Title	impact of different technologies and cultural paradigms
Objective of the	After the completion of this activity, participants will be able to:
methodological tool	Develop own administration team
methodological tool	Take into account the impact of different technologies and
	cultural paradigms
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Approximate Time needed for	15 min.
the completion of this exercise	
Individual or group exercise	☐ Individual ☐ Group
Type of methodological tool	Written exercise
	Group exercise
	Video analysis
	Simulation
	Multiple choice
	Group exercise with cards
	Exercise using ICT
	Role play
	Group discussion Case study
	Case study Creative Group Work
Description of the	1. Two Truths and a Lie
exercise/Procedure	1. TWO TRUCTS drive a Lie
cacicise/i locedule	Start out by having every team member secretly write down two
	truths about themselves and one lie on a small piece of paper – Do
	not reveal to anyone what you wrote down! Once each person has
	completed this step, allow 10-15 minutes for open conversation –
	much like a cocktail party – where everyone quizzes each other on
	their three questions. The idea is to convince others that your lie is
	actually a truth, while on the other hand, you try to guess other
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	people's truths/lies by asking them questions. Don't reveal your truths or lie to anyone – even if the majority of the office already has it figured out! After the conversational period, gather in a circle and one by one repeat each one of your three statements and have the group vote on which one they think is the lie. You can play this game competitively and award points for each lie you guess or for stumping other players on your own lie. This game helps to encourage better communication in the office, as well as it lets you get to know your coworkers better.
Exercise is accompanied by	N/A
Exercise solution	N/A
Other comments to the trainer	N/A

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