

## Methodological tool: Setting individual goals

Work Area Code and Title WA14: Office Effectiveness and Efficiency	
work Area Code and Title wal4: Office Effectiveness and Efficiency	
Unit Code and Title 4.15 Use planning and time management skills to achieve own	short
term and long term objectives	
Learning Outcome Number and LO125: Demonstrate the ability to set own short-term and long-	term
Title objectives within the organisation's Development Plan	
Objective of the After the completion of this activity, participants will be able to:	
methodological tool 1. Set long term and short term objectives taking into	
consideration the organizations development plan	
2. Express objectives using SMART	
Approximate Time needed for 20 minutes	
the completion of this exercise	
Individual or group exercise Individual Group	
Type of methodological tool Written exercise	
Group exercise	
Video analysis	
Simulation	
Multiple choice	
Group exercise with cards	
Exercise using ICT	
Role play	
Group discussion	
Case study	
Creative Group Work	
Description of the 1, Divide the class into smaller groups of approx.4 and hand	each
exercise/Procedure group a copy of the scenario.	
2, Ask them to set individual goals for the person (imagining the	
this person) based on the information about the company stra	itegy
and goals and their job description.	
3, Set at least 3 long term and 2 short term goals, that v	
contribute to the overall company strategy and goals. Express	them
using SMART. Give them 10 minutes to complete the task	
4, Discuss and share their answers in the class.	
Exercise is accompanied by EUPA_LO_125_M_002_Att_1	
Exercise solution N/A	

Methodological Tool: EUPA\_LO\_125\_M\_002, <Setting individual goals>





Other comments to the trainer	N/A